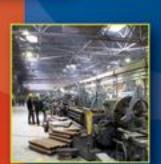








TSD, Inc. September 2019





How Adults Change

 They experience some stimulation that tells them they must change

They experience survival anxiety or guilt

 They experience disconfirmation - something they believe before is no longer a valid assumption



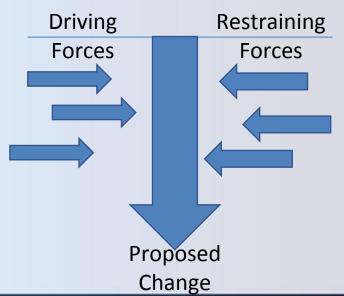
Three Stages of change

- Unfreeze- Creation of survival anxiety or guilt.
 Creation of psychological safety to overcome learning anxiety
- Learning- Learning new concepts, new meanings for old concepts and new standards for judging. New role models. Scanning for solutions using trial and error.
- Refreeze- Internalizing new concepts, meanings and standards. Incorporation of new self-concept and identity. Incorporating into new relationships



To Achieve Change After Disconfirmation

- You must make the fear of failure great
- You can also lessen the anxiety of learning
- A force field analysis shows the approaches
 - Reduce the restraining forces
 - Increase the positive forces





Sources of Disconfirmation

- New technologies
- New charismatic
- New owner relations
- Falling behind in the market
- Falling behind in education



Forcefield for Organizations Today

Driving Forces

- Exchange of purpose
- Engagement
- Honest conversation
- Use of information to grasp the situation
- Servant leadership
- Belief in the possibility/ potential
- Lessons of Entrepreneurs
- What the Business needs
- Power of decentralization
- Reality of competition
- Communication of why
- Service of others

Constraining Forces

- Requires a power shift
- Consumer demand
- Rapid changes
- Patterns of leadership
- Concept of success/Career
- Unrealistic goals
- Size of the change
- Concept of time
- Lack of understanding
- Missing trust
- Drive for centralization
- Scarcity of people, process, and principles
- Anxiety
- Key constituencies not understanding

Business Goals

- Committed people
- Product excellence

Reasons for Resistance to Change

- Fear of loss of power or position
- Fear of temporary incompetence
- Fear of punishment for incompetence
- Fear of loss of group membership



Defensive Responses to Learning Anxiety

- Denial
- Scapegoating
- Maneuvering and bargaining
- Not finding time
- Too much other stuff to do



Two Principles of Learning and Change

 Principle One- Survival Anxiety or guilt must be greater than learning anxiety

 Principle Two- Learning anxiety must be reduced rather than increasing survival anxiety



How to Create Psychological Safety

- Compelling positive vision
- Formal training
- Involvement of the learner
- Informal training of relevant families
- Practice fields to experiment
- Support groups who listen
- Systems and structures as a well planned intervention



Kotter's Steps to Change: Wisdom from Another Perspective

- Step One: Create Urgency
- Step Two: Form a Powerful Coalition.
- Step Three: Create a Vision for Change.
- Step Four: Communicate the Vision.
- Step Five: Remove Obstacles.
- Step Six: Create Short-Term Wins.
- Step Seven: Build on the Change.
- Step Eight: Anchor the Changes in Corporate Culture.

